

Electromagnetic fields

Vincent Leo ©

Ph: 0407 229 302

www.acnh.com.au

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Our body's signal transmission (or 'energy') can be blocked by noxious forms of radiation (wave lengths above the UV range). The earth's core is spinning molten iron, which sets up a huge magnetic field, while the earth's rotation generates electrical charges. Being vertical, the human body acts as an antenna for these external electromagnetic impulses. This allows it to gain its energy not only from the digestion of food, but also by absorbing radiation from its environment. When the radiation is natural to the earth, it can have a positive – indeed, essential – biological effect. Solar rays, cosmic radiation and Schumann waves (7.8 Hz), for example, are essential for promoting good health.

Over the past few decades, the number of electrical devices that are in one household has dramatically increased. On a daily basis, we are surrounded by magnetic field interferences, enjoying the benefits that they bring, would be a struggle to live without them. When we are under stress or unwell, these influences can prevent healing and in some cases be the main cause of a persons illness. During sleep it is necessary to have this area free of these toxic fields in order to promote the survival, maturation and integration of new cells into existing circuitry, resulting in their efficient functioning. This interference can lead to sleep deprivation of total sleep time and in turn will lead to excessive daytime sleepiness, with consequent impairments of productivity, mood, social functioning and energy levels. It is associated with poor health overall, including coronary heart disease, proneness to infections and diabetes – all presumably a result of inflammation.

There are a number of strategies that we can implement to protect ourselves:

- Avoid putting beds near electrical appliances.
- Avoid sleeping near electric heaters.
- Avoid putting beds against a wall that has appliances or the fuse box on the other side of the wall.
- Switch all appliances that are near the bed off at the wall before going to sleep. This includes bedside lamps.
- If you use an electric blanket, then warm the bed and turn off at the wall. The output is very low, but if we times this output by the number of hours you will spend in your bed, then it becomes toxic to your health.
- Keep your distance from devices such as televisions.
- Be mindful of using devices that generate high electrical output such as electric drills, hairdryers sanders, hedge trimmers and vacuum cleaners, in particular the ones that are mounted on your back. Often we use these for short periods of time, but if you use these in your work, then you may need to take more regular breaks and use devices to assist in your protection—see Harmonising devices.

Geopathic interference

Geopathic interference occurs when the earth's energy or radiation is disrupted by abnormalities in its crust. These abnormalities include water veins, crevices, fissures or faults. With underground streams, the ground resists the water flow, creating friction that produces a weak electrical field. This both builds up negative frequencies and also prevents healthy frequencies from reaching the human body. This can weaken the body, making it susceptible to illness.

Weidel provides an analogy to explain the difference between conventional and energetic therapies' approach to radiation. He asks us to imagine a magnet with several iron balls attached. Conventional medicine tries to detach the balls or change their properties, but this fails because the magnet keeps pulling them back. Instead, holistic therapies such as bioresonance try to change the magnetic field, so that it stops influencing the balls. Applied to the body, we can think of the 'balls' as the cells which, once relieved of the pathogenic influence of noxious radiation, can correct themselves.

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